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# INTRODUCTION OF EARLY SPIRITUAL AWARENESS IN THE FAMILY ROOM

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Abstract: Every child born has the potential for goodness, namely the will to grow a sense of self-potential, the need to know, and be aware of the existence of God who created them. Communication that is built will bring out a commendable attitude and always side with virtue. These are the characteristics of the potential for spiritual awareness that contains high human values. The values of wisdom and making coverage always present the deep meaning and value of early childhood in their actions. The introduction of spiritual awareness can be used as a means or tool to activate the potential of children's spiritual intelligence in addition to their emotional and intellectual. From here, it is important to examine the introduction of spiritual awareness for early childhood starting in the family room. The goal is to introduce early childhood spiritual awareness through Islamic dimensions (faith, Islam, and ihsan) in every aspect of children's spiritual development in the family room. This research method uses descriptive qualitative by taking seven samples of Purwokerto families, seven families that teach, apply, and reflect on as well as families that have succeeded in being aware of the spiritual intelligence of early childhood through various Islamic activities. Data collection techniques using interviews, observation, and documentation with an active participation model. The results of the study show that the introduction of spiritual awareness from early childhood through, (1) Spiritual Awareness with a Sense of Love, the family introduces spirituality with a democratic parenting pattern that is not too authoritarian and permissive; (2) Spiritual Awareness with Morals, the family exemplifies good morals to children through

daily activities; (3) Spiritual Awareness with Diversity, the family teaches basic worship; (4) Spiritual Awareness with Sincerity, educating a sense of sincerity to children also requires continuous sincerity, practice, and understanding so that children are sincere in studying and sincere in worship. These four points, children get kindness by growing a sense of awareness of humanity, a sense of God, and nature.

Keywords: Spiritual Awareness, Early Childhood, Living Room

### A. Introduction

In 2022 Komnas Perempuan has voiced data on cases of gender-based violence against women, there are 3,014 cases, while sexual violence in the public/community domain is 860 and 8,990 in the individual or personal domain. The number of cases has increased from service providers managed by civil society or UPTB P2TP2A (Integrated Service Center for Women and Children Empowerment). This case will continue to be carried out if the family room center does not realize the importance of moral and spiritual awareness (Komnas Perempuan, n.d.). This is because families who have spiritual awareness will have limits on beliefs and laws regarding the Shari'a creed which are good practices and which should not be done (Handayani et al., 2021). From here, the family is the first madrasa to foster a sense of spiritual awareness in children from an early age. Because, early childhood is the seed of national progress that must be educated optimally. Educate by involving a lot of support from the family room, school and community so that children can have spiritual awareness according to their religious shari'a beliefs.

Ignorance of a child's spiritual awareness will result in a loss of inner comfort, an uncomfortable mind if carried away by bad things beyond the child's control (Hafidz Raden Diana Rachmy, 2021). Until the child will indirectly be hypnotized in his brain so that he is formed as a whole. This is one of the negative impacts of having spiritual awareness, children will easily be carried away by various cases that deviate from religious law. One of them is sexual. Children have minds capable of absorbing knowledge on their own (Hidayati Wahyuna et al., 2020). From this, the importance of the introduction of spiritual awareness must be introduced early on.

Within the child has a special psychic power that continues to work, which helps early childhood develop. Through this special power, children can get and produce impressive work and awareness abilities. This can be seen in the child's conscious ability that is not only able to recognize something that he sees around him, but also able to adjust to the adult environment and organize himself well. Montessori said that this psychic power makes children able to fortify themselves from adult reasoning so as to provide great opportunities for their inner teacher or parents. Starting from the age of three, children have succeeded in building their personality as the foundation of their lives, so that at this age children need special influence from school (Montessori, 2011). From the age of three, the child slowly becomes a small adult, but the child still has some residual magical power of spiritual awareness in absorbing the surrounding environment. This can be seen when children go to school at the age of three, no one teaches children because children are not receptive. Here, adults function more as a home, a family room that must organize and prepare a parenting pattern for spiritual awareness in children from an early age (Kiran et al., 2021).

Seeing the problems above, indeed Indonesia is experiencing a moral crisis caused by backwardness, ignorance, and poverty, this is quoted from Kompas.com news. Even research conducted by Nur Hotimah and Yanto Yanto on the Role of Parents in Improving Early Childhood Spiritual Intelligence. As a result, it is important for children's spiritual intelligence to be developed from the family room which consists of parents acting as educators, as role models, as motivators and as givers of affection. Because in the process there are many obstacles and factors that affect children's spiritual intelligence (Hotimah & Yanto, 2019). This research contributes to new research ideas related to spiritual awareness in children from an early age. In addition, Azizunisak Hidayati W. and Moh. Toriqul C. Concerning the Study of the Concept of Spiritual Intelligence in Jalaluddin Rahmat's Children. From the result that, one's awareness is spiritual in nature, this influences the success and happiness of the child from an early age. there is a connection between this success and happiness with education, because the purpose of

education is to maximize human potential, helping humans to develop the attainment of a wise level of perfection. From here, the importance of maximizing spiritual intelligence can teach and practice these SO values to children from an early age (Hidavati Wahyuna et al., 2020).

Not only that, the introduction of spiritual awareness is based on three important things, namely; First, body and soul are an inseparable unit. Because Jalaludin Rahmat has awareness for children in forming spiritual intelligence from the start in leading children to a higher spiritual intelligence. Second, the evolution of consciousness. This evolution of consciousness places children in a long historical dialectical process. Then deliver the child through the various levels of consciousness. Until the child there should not be a stage of consciousness that is denied (Rohmat, 2010). For example, mystical awareness, spiritual awareness, and others. Third, will return to Him, During the evolution of consciousness, humans were first born in a dark state with various dark shadows. Back to his creator. People will choose a different path. There are those who choose to play with shadows, choose to seek light, and there are those who focus on absolute light, and are not satisfied with what is received. From this, humans will see their true selves from manifestations since nature (Tinggi et al., 2019).

The introduction of spiritual awareness must indeed be studied with many references as research reinforcement material in scientific development for this research. This research will analyze about: (1) Spiritual Awareness with a sense of love, the family introduces spirituality with a democratic parenting style that is not too authoritarian and permissive; (2) Spiritual Awareness with Morals, the family exemplifies good morals to children through daily activities; (3) Spiritual Awareness with Diversity, the family teaches basic worship; (4) Spiritual Awareness with Sincerity, educating a sense of sincerity to children also requires continuous sincerity, practice, and understanding so that children are sincere in studying and sincere in worship. Researchers will analyze seven families in the Wadas Kelir area, Karangklese, South Purwokerto, Banyumas Regency. The Wadas Kelir region has several families whose family members have implemented Islamic religious culture from an early age. So that

there is a positive impact that the family gets, one of which is spiritual awareness, moral values, and achievements while at school. From here, researchers will explore the focus of the four points that researchers produce.

## B. Method

This study uses a qualitative approach (field research), this study seeks to find a new hypothesis. Through the problem of social intelligence in early childhood, by using ways of developing through the introduction of various activities to make children spiritually aware from an early age. For this approach by having a qualitative approach (Efferin et al., 2008). Researchers will approach several families who have religious awareness in introducing spiritual awareness to early childhood. Families who have early childhood from the age of 5-6 years are shown in research to get information (Sugiyono, 2016). Through this information the researcher will explain the forms of validity according to the field obtained from several families in the Wadas Kelir area.

The object of his research is in the Karangklesem family area which is located in the South Purwokerto sub-district, Banyumas district. The subjects of this study were Mr. Amin's family. Mr. Heru Kurniawan's family, Mr. Aziz Ali's family, Mr. Idris' family, Mr. Owo's family, Mr. Yei and Mr. Narsidi's family. The reason the researcher chose these seven families is that they have children aged 4-5 years. His family has an attachment to religious activities in everyday life. So there is a high probability of having spiritual awareness in early childhood.

Data collection techniques using observation, interviews, and documentation. His observations know children in carrying out religious activities in spiritual awareness such as praying, giving alms, saving good things, and being able to recite short sentences in children's daily prayers. Both interviews by connecting to establish communication between the two parties from two or more parents (Lexy J. Moleong, 2018). Some of the interviews implemented by this researcher were carried out by this researcher with Mr. Amin's family, Mr. Heru Kurniawan's family, Mr. Aziz Ali's family, Mr. Idris' family, Mr. Owo's family, Mr. Yei's family, and Mr. Narsidi's family.

The method of documentation is to capture events, document texts, works, and activities of educational institutions through pictures. For example, activities to introduce spiritual awareness in the family room, practice religious habits in the family room, and reflect on the spiritual awareness of early childhood. Then, the analysis of the data uses four techniques through: (1) Data Reduction taking the subject matter that is important. (2) presenting the data to understand something that happened, then reducing the data by presenting the data. (3) this conclusion is to collect data, read a lot of literature, to draw conclusions according to the facts in the field (Somantri, 2005). This research can be concluded as a research on the introduction of spiritual awareness of children from an early age in the Wadas Kelir Karangklesem Purwokerto Selatan family environment, Banyumas Regency.

## C. Result and Discussion

Every family has its own ways of introducing spiritual awareness to children from an early age. They have their own method of instilling spirituality through daily worship activities. From here, researchers will describe the introduction of spiritual awareness of children from an early age through: 1) Spiritual Awareness with a Sense of Love, the family introduces spirituality with democratic parenting that is not too authoritarian and permissive; (2) Spiritual Awareness with Morals, the family exemplifies good morals to children through daily activities; (3) Spiritual Awareness with Diversity. the family teaches basic worship; (4) Spiritual Awareness with Sincerity, educating a sense of sincerity to children also requires continuous sincerity, practice, and understanding so that children are sincere in studying and sincere in worship. These four things will be analyzed in Mr. Amin's family, Mr. Heru Kurniawan's family, Mr. Aziz Ali's family, Mr. Idris' family, Mr. Owo's family, Mr. Yei's family, and Mr. Narsidi's family which are located in Wadas Kelir Karangklesem, Purwokerto Selatan, Banyumas Regency.

Table 1. Child's name and spiritual attainment

No	Family Name	Child's Name (Age)	Spiritual Activities
1	Mr. Amen	- Tasya Kamila (4 Years) - Bilqis Age (6 Years)	Follow short prayers, follow the prayer movements well, be able to pronounce tahmid, tahlil, tasbih.
2	Mr. Idris	Salwa Qudwata (6 Years)	Able to read Arabic sentences well, follow prayer movements, able to understand prayers and memorize daily prayers. Followed by praying fervently.
3	Mr. Heru Kurniawan	Kimilau Setanggi Timur (4 Years)	Able to follow the recitations of tahmid, tahlil, tasbih. Pray with special, have a polite personality to fellow friends.
4	Mr. Owo	Kafka Ramadhani (5 Years)	Able to study the Koran seriously, memorize short verses and short prayers, and be able to reflect on understanding religion
5	Mr Aziz Ali	Alya Firzanah (5 years)	Able to follow prayers well, follow prayers carefully, able to pronounce tahmid, tahlil, tasbih.
6	Mr. Yei	Faizah (4 Years)	Can imitate Arabic pronunciation, be able to follow the pronunciations of tahmid, tahlil, tasbih.
7	Mr. Narsidi	Muhammad Hafidz Rabbani (4 Years)	Able to follow the recitations of tahmid, tahlil, tasbih. Pray with special, have a polite personality to fellow friends.

This data the researchers obtained from interviews and observations on the subject of each family that has children aged 4-6 years. During the research, there were children in their families who used the spiritual curriculum by making agreements with the children. For example, Pak Heru Kurniawan's family, made a policy that every child performing prayers will get 5 points. These points will continue to accumulate if you are diligent and disciplined. If you violate, the points will be deducted automatically. Points accumulated up to 50 points will be exchanged for prizes. So that children will feel happy and experience a lot of spiritual awareness through the spiritual curriculum taught by Mr. Heru Kurniawan's family until now.

## **Spiritual Awareness with Love**

Spiritual awareness with love is introduced to early childhood by the way parents treat children warmly but still with firmness, where parents apply a set of rules to manage their children, while trying to build expectations that are adjusted to the child's growth and development (Anggita, S, 2017). In spiritual matters, introducing spiritual awareness with love for early childhood by accustoming children to behavior that is in accordance with moral and religious values in the hope that children will have good morals and personalities, so that later children can distinguish between good and bad, right and wrong in everyday life (Armiyanti, 2019). Habituation is done by getting children to pray in congregation with all family members, introducing the concept of divinity by inviting children to pray before and after carrying out an activity, and behaving according to existing rules. That way children can slowly be given the understanding that everything we do is God's help. From here, spiritual awareness that is introduced to early childhood can be maximized, because in fact when parents educate their children with love, children will feel comfortable and calm, so that what is taught to children can be achieved optimally.

The researcher observed that this spiritual awareness was proven by the family of Mr. Aziz Ali with Alya Firzanah and Amin's family towards Tasya Kamila, Bilgis. The age at which these children were able to move their organs to attend prayers, perform ablutions, and pray properly and correctly. A good measure in worship is that children are able to sort out the requirements for carrying out the Shari'a of worship properly. Then this correct measure can be seen from the reading and prayer movements,

although there are still some wrong prayer movements, but at the age of 4-6 years it is appreciated that they can carry out their worship on time.

Spiritual awareness can inspire a deeper love for children. When a person has spiritual awareness, they may develop a broader and deeper view of the meaning of life and the purpose of children's existence in this world. As part of spiritual awareness, one may also develop a deeper sense of empathy and understanding towards children. They may be better able to see the intrinsic value in each individual and understand that each child is unique and valuable. In the context of love for children. spiritual awareness can inspire educators to treat children with compassion and care, and to help them develop into better human beings. From here it may be better able to understand that children need proper support and guidance to grow and develop properly.

Spiritual awareness can also help us develop a greater sense of gratitude and appreciation for having children in our lives. Parents are able to appreciate where they are and take their adult responsibilities more seriously. From here, spiritual awareness and love for children can complement each other and help become parents or caregivers who are wiser, more compassionate, and responsible for the presence of children in their lives.

# **Spiritual Awareness with Morals**

Spiritual awareness with morals can be introduced to early childhood by setting an example for children. Parental example is one way to direct children to improve their spirituality, because parents are the closest people who are used as examples for their children. Everything that parents do, then usually children will emulate it (Safari, 2007). For example, when parents want their children to be diligent in worshiping, then the first thing that must be diligent in carrying out worship is the parents. As a result, children not only hear advice from their parents' mouths, but at the same time can see examples from the real actions of their parents. Because advice from parents without examples will be less influential. Conversely, advice that is accompanied by examples through concrete actions will have a stronger effect. Because as spiritual beings, children have the potential for basic spiritual needs that must be met, which in turn will foster high spiritual awareness and increase the child's spiritual understanding of his own relationship with God.

The researcher observed that this spiritual awareness was proven in the family. Pak Heru Kurniawan's family is a family that teaches their children by setting an example, giving little advice but giving lots of examples. Pak Heru Kurniawan set an example for his children by diligently praying in congregation at the mosque every day, because he was used to seeing his father praying at the mosque, the two children of Pak Heru Kurniawan towards Kaila also prayed at the mosque, they continued to do this every day, so that it became a habit for nera and zakka to pray together in the prayer room every day. This proves that introducing children's spiritual awareness by giving real examples to children has a major influence on children's spiritual development.

Spiritual awareness and morals in children have a close relationship. Spiritual awareness can help children develop good morals because basically spiritual awareness teaches basic values such as kindness, honesty, humility, compassion and compassion. When children understand these values, they will probably develop good morals. They can more easily understand that a good attitude will bring good to themselves and to others. They can also learn to respect differences and treat everyone with respect.

Apart from that, spiritual awareness can also help children develop a deeper sense of empathy and compassion towards others. They can learn to understand that their actions can affect others and that they can have a positive impact on the environment around them. This will help children to choose actions that are good and beneficial to others. Spiritual awareness can also help children develop a sense of responsibility and integrity. They can learn to take responsibility for their actions and honor promises made. They can also learn to value honesty and become a trusted person. From here, spiritual awareness and morals in children have a close relationship. Spiritual awareness can help children develop good morals through understanding basic values such as kindness, honesty, humility, compassion and compassion. This will help children to grow and develop into good human beings and be useful to others.

# **Spiritual Awareness with Religion**

Spiritual awareness and the diversity of children are interrelated with each other. Spiritual awareness is the ability to be aware of a greater existence beyond ourselves, while diversity is the recognition that everyone is unique and different in the way they think, act and celebrate their beliefs. Children who have a strong spiritual awareness tend to be more open to diversity. They are able to understand that there are many ways to think and behave. and accept these differences as something natural. Good spiritual awareness can also help children see that all people, regardless of race, religion or culture, are part of a larger whole.

In a diverse environment, children's spiritual awareness and diversity can reinforce each other. Children who grow up in an environment that promotes diversity and tolerance will be more likely to develop a strong spiritual awareness and conversely, children who have good spiritual awareness will be more likely to understand diversity and accept diversity as wealth.

The researcher observes that this spiritual awareness is evidenced in Mr. Heru Kurniawan's family towards Zakka Waliy Herudian by behaving the same way towards his fellow friends, wanting to be friends with anyone regardless of rich or poor, black or white because Zakka thinks that all friends are the same. willing to help children children who are having difficulties in participating in literacy school activities. Because basically we are encouraged to do good to fellow human beings.

From this, children who have good spiritual awareness have a great sense of tolerance towards fellow human beings. Because basically humans are creatureswhich is not perfect. Nobody is perfect. Anyone from any tribe, and from any religion can make mistakes. Thus the child also learns to always forgive and respect differences. Children will also learn that anyone can make mistakes, including himself.

# Spiritual Awareness with Spirituality

Sincerity is the soul of every practice. Practice without being supported by sincerity is like a lifeless body. Including the type of practice that should be based on sincerity is educating children is by treating and educating children with full sincerity and sincere intention solely hoping for the pleasure of Allah Ta'ala. Sincerity has such a powerful impact, because with sincerity children will be easily managed. A child who is still white and clean from the stain of sin will so easily feel our mood. He can distinguish between a look of love and a look of anger, between a hug of sincerity and a hug of annoyance, between a caress of love and a pinch of annovance (Nur Hotimah, 2019).

The researcher observes that this spiritual awareness is evidenced in the family of Mr. Yei towards Faizah and Mr. Narsidi towards Muhammad Hafidz Rabbani by doing good through helping fellow Muslims, giving alms to others, and praying fervently. When researchers observed children in the families of Mr. Yei and Mr. Narsidi, some of them stood out in their daily lives by helping people distribute alms to relatives in need. In wadas kelir there are various wadas kelir programs. Children sometimes play a role in distributing it to families who have incapacitated or incapacitated. Then there is the introduction of awareness of sincerity by praying to the Lord of the Worlds to ask for the child's wishes. From here, children are trained for spiritual awareness periodically from the fundamental spiritual dimensions.

Spiritual awareness and child sincerity are two things that are closely related to each other. Spiritual awareness is a person's ability to recognize himself and see his existence as part of a larger life, while sincerity is the ability to sacrifice personal interests for the benefit of others or a bigger goal. A child who has a strong spiritual awareness tends to understand and develop sincerity more easily. They recognize that all people and other living things are part of a larger whole and that their actions impact other people and the environment around them. They also realize that true happiness lies not only in personal achievement, but also in benefiting others.

From this, children who have good spiritual awareness tend to find it easier to develop sincerity in their behavior and actions. They will be more likely to prioritize the interests of others and consider the consequences of their actions on other people and the environment around them. However, it should be noted that spiritual awareness and sincerity are not something that can be obtained instantly or by simple upbringing. These are values and skills that develop over time, with the help of parents and a supportive environment. Therefore, it is important for parents

and educators to provide proper support and ensure that children have a supportive environment to develop their spiritual awareness and wisdom.

### D. Conclusion

Spiritual awareness is an important point in human life, where spiritual awareness is a person's ability to recognize himself and see his existence as part of a larger life.. Parents as the first education in the family play an important role in instilling spiritual awareness from an early age. Because, early childhood is the seed of national progress that must be educated optimally. This research was conducted in the Karangklesem area which is located in the South Purwokerto sub-district. Banyumas district. The results of the study show that the introduction of spiritual awareness from early childhood through, (1) Spiritual Awareness with a Sense of Love, the family introduces spirituality with a democratic parenting pattern that is not too authoritarian and permissive; (2) Spiritual Awareness with Morals, the family exemplifies good morals to children through daily activities; (3) Spiritual Awareness with Diversity, the family teaches basic worship; (4) Spiritual Awareness with Sincerity, educating a sense of sincerity to children also requires continuous sincerity, practice, and understanding so that children are sincere in studying and sincere in worship. These four points, children get kindness by growing a sense of awareness of humanity, a sense of God, and nature.

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