

## THE IMPLEMENTATION OF FARDIYAH DA'WAH IN PEER COUNSELING TO PREVENT FREE SEX

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### Abstract

This paper explains how to analyze teenagers' life using a case study in Adolescent Friendly Health Services (AFHS) at Public Health (Puskesmas) Blora. The research data were obtained through observation, interviews with the client, peer counseling, doctor, and paramedics in Puskesmas. The result found some forms of teenager's free sex in Adolescent Friendly Health Services (AFHS) at Puskesmas Blora. Those actions were holding hands, kissing hands, kissing lips, making out, and doing premarital sex. The prevention effort with the peer counseling had been conducted in two ways of methods that are personal approach with the client and couching with the material given to them. The analysis showed that the implementation of fardiyah da'wah in peer counseling was in line with stages of fardiyah da'wah proposed by Abdul Wahid, namely building good relationships with *mad'u* and giving motivation to *mad'u*.

Keyword: *fardiyah da'wah*, peer counseling, free sex

### Introduction

Blora Region is ranked top for the number of HIV/AIDS cases in Central Java with 188 cases in the second quarter of 2019. That figure has 51 gaps from Kebumen Region which is ranked second with 137 cases. The data were obtained from Central Java Health Office. The case of HIV/AIDS arises from changing sex partners or having premarital sex, which also the existed prostitution place triggering heterosexual behavior (<https://www.bloranews.com/blora-peringkat-pertama-jumlah-kasus-hiv-aids-se-jateng/> retrieved on 8 March 2019 at 14.25 WIB). Besides, other cases related to free sex of teenager was found in Puskesmas Blora who give birth without a husband, when asked by their parents they are only silent and also because their partners are not ready to have a family or still unemployed. Finally, those teenagers gave birth accompanied by their parents only without their partners or boyfriends. It was childbirth due to premarital sex and premarital pregnancy (Interview with one of the facilitators at Adolescent Friendly Health Services (AFHS) at Puskesmas Blora).

Free sex is behavior driven by sexual desire, where the needs become freer when compared to traditional system regulation and contradicted with the prevailing norms in society and religion.

Many teenagers try to release their emotional tension by trying to express their sexual urges in various forms of sexual behavior such as dating, making, and doing sexual intercourse which harmful for themselves and others (Wati, 2012: 11). **Those teenagers' life can happen caused by many factors involving individuals, family, and environment.**

Peer groups are the second environment after family, which is influential for their personal life. The individual can be affected by their peer friends depending on how individual perception towards their groups because the individual perception will affect their following decision. One of the main functions of peer friends is to provide various information about life. Teenagers receive feedback from their peer groups. They also learn whether what they do better or even worse than what other teens do (Santrock, 2003: 219). Friends do not always give positive influence sometimes get along with bad friends can affect other friends to be bad. It depends on each character, therefore no objection that peer groups play a role in teenagers' behavior. Some researches prove that the influence of peers can grave delinquency in some places.

Peer counseling is a counseling service provided by peers (usually the same age), who are first given the training to be peer counselors. Therefore, they are expected to assist both individually and in groups to friends with problems (an interview with peer counselor in Pelayanan Kesehatan Peduli Remaja (PKPR) Puskesmas Blora, 25 Januari 2015). Peer counseling is considered important because, in reality, teens are more open to their friends compared to parents, teens tend to talk more about their personal and social problems to their peer friends. It happens because they assume only peer friends can understand each other.

**Regarding the concept above, peer counseling activities have similarities with da'wah activities that invite people to do good things and avoid bad things. Peer counseling can also be said a method of da'wah for teens to prevent delinquency. It is also not different from fardiyah da'wah because it has the same purpose of trying to get closer, knowing others, and building relationships on a good path. According to Sayid Muhammad, fardiyah da'wah is to focus on dialogue with mad'u face to face or in a small group of people who have special characteristics (Nuh, 2015: 37). Besides, Ali Abdul Mahmud stated that fardiyah da'wah is the opposite of jama'iyah da'wah or ammah which is the call from da'i to individual or group of people to the Allah SWT path by leading al mad'u to a better path and favored by Allah (Mahmud, 1995: 29). It is in line with Allah SWT saying in holy Qur'an, surah An-Nahl verse 125: [**

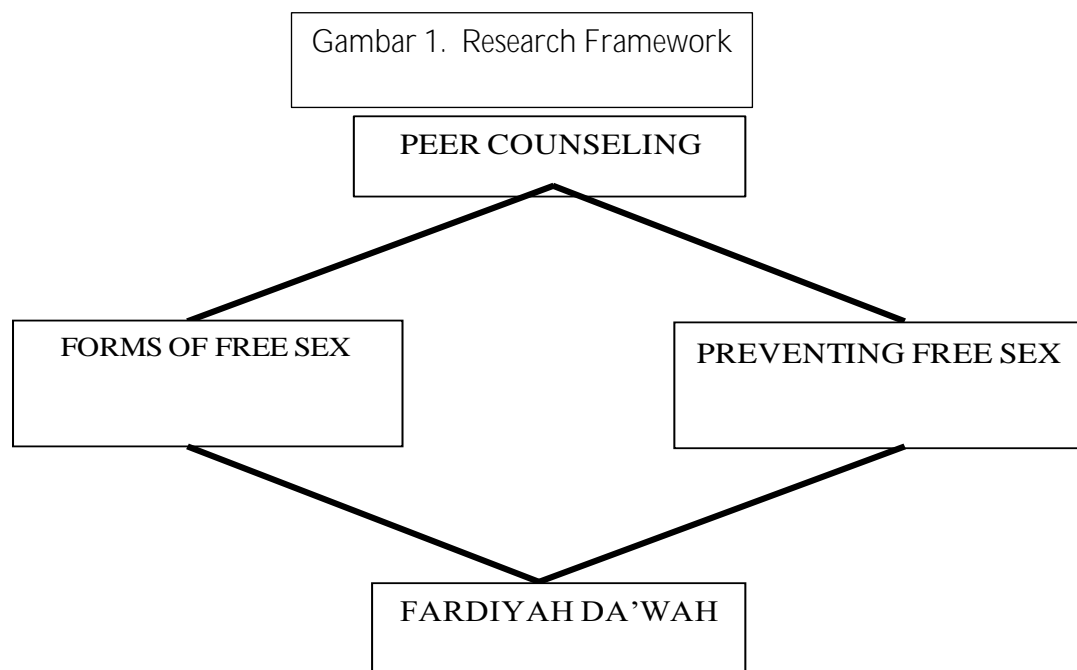
*Translation: "Invite (all) wisdom and kind advice, and only debate them in the best manner. Surely your Lord 'alone' knows best who has strayed from His way and who is 'rightly' guided."*

**Based on this background, the following issue arose on what are the forms of teenagers' free sex in AFHS Puskesmas Blora? How is peer counseling in AFHS Puskesmas Blora to prevent free sex?, Based on the survey data conducted by the Indonesian Child Protection Commission (KPAI), and the Ministry of Health in October 2013 explained that around 62.7% of teenagers in Indonesia have had premarital sex. Then, 20% of 94.270 women experience premarital pregnancy and 21% of them had abortions. Then for HIV/AIDS cases, 30% of sufferers are teenagers. Blora is ranked top for**

HIV/AIDS cases in 2019 in Central Java. One of the causes is premarital sex. Many teenagers try to release their emotional tension by trying to express their sexual urges in various forms of sexual behavior. It starts from dating, kissing, and making sexual contact that will harm themselves and others. The growth of premarital sex among teenagers is influenced by many factors, namely intrinsic and extrinsic factors. Intrinsic factors such as individual characteristics, sexual knowledge, and premarital sex. Meanwhile, extrinsic factors such as family, environment, and media influence.

With this condition, it motivates a researcher to find out more about the forms of free sex and how to prevent it through peer counseling in Adolescent Friendly Health Services (AFHS) Puskesmas Blora.

Based on the elaboration above, the research framework can be seen in the following figure:



## Method

This research was qualitative, resulting in descriptive data in the form of written or spoken and behaviors of people's observed. Qualitative research aims to understand social phenomena or symptoms more correctly and objectively by obtaining a complete picture of the phenomena studied (Soewadji, 2012: 51-52). The type of research used is field research in the form of case studies. The researchers conduct in-depth process, activities, and accident happen on teenagers, peer counselors, and expert counselors in AFHS Puskesmas Blora.

The research data was obtained through: First, observation, to gather preliminary data about the implementation of peer counseling in Adolescent Friendly Health Services (AFHS) Puskesmas Blora. Second, interview with expert counselor, peer counselor, AFHS counselor, and teenagers in preventing free sex. Third, documentations are used to gather data in the form of notes or figures toward peer counseling in AFHS Puskesmas Blora. After the data collected, the analysis was conducted, reduced data, and made a summary from various sources obtained. Then, compiling data

or organizing the scope of research, and finally checking the validity of data by connecting the theory and the last drawing conclusions.

## **Theoretical review**

### *Free-Sex*

Free sex is urged by sexual desire, where their needs become freer compared to traditional regulatory systems and in contradicted the prevailing norms in society and religion. According to Demita, the definition of premarital sex is all means of expressing and releasing sexual urges derived from the maturity of sexual organs, such as dating, kissing, and making sexual contact. However, that behavior is not in line with the prevailing norm (Kartono, 2006: 45).

The fact showed that sexual instincts come from the chemicals reaction in our body. This instinct is the root of all sexual behavior, as well as a special way to satisfy it. Later on, it is explained that it does not come from a character structured by special forms of human relevance with the world. Sexual behavior offers one of the most distinct signs to understand the human character. It is on the contrary with almost all other activities, less patterned and more an expression of an individual. Furthermore, sexual intensity and desire make sexual behavior less responsive to human control (Erich, 2007: 202).

Based on the understanding of free sex, it will then be explained in the forms of premarital sex. As it is stated by the expert, Sarwono, proposed some forms of premarital sex. Forms of premarital sex are: 1) Kissing, 2) Necking, 3) Petting 4) Sexual Intercourse, 5) Oral–genital sex, 6) French kiss.

Kissing is mutual contact between human lips or a partner with sexual desire,

Necking is making out not up to attaching genitals usually it is done by cuddling, petting breast, or doing oral sex on genitals but not reached sexual intercourse.

Petting is making out up to sticking the genitals, swiping it with a partner but not yet intercourse.

Intercourse is having sex in premarital.

Oral–genital sex is the activity of enjoying sexual organs through the mouth. This kind of sexual activity is considered safe by teenagers now.

French kiss is kissing with closed lips and it is believed as a common kiss (Demran, 2015: 20).

Desmita (2005) proposed forms of sexual behaviors like dating, kissing, and doing sexual contact. Forms of sexual behavior are: 1) Petting is an attempt to trigger sexual desire between sexes without committing intercourse. 2) Oral–genital sex is the sexual activity through the mouth. This kind of sexual activity is an alternative and is considered safe by today's teens. 3) Sexual intercourse is the activity of intercourse (Hamka, Dkk., 2016: 57).

According to Jamaluddin, forms of premarital sex among students are: 1) kissing, defines as an act of sticking each others' lips to the cheeks or lips, attaching each other lips, and stimulate sexual desire between the two. 2) Making out, is an act that has been considered risky and tends to trigger intercourse. The partner has squeezed the breast either through clothing or directly. 3) Sexual intercourse, is having sexual contact. 4) Holding hands, is sexual behavior that is limited to hang out and hold hands only. It is not up to kissing and so on (Sanjaya, dkk., 2018: 449).

Rizki Dwi Hartono and Nur Dyah Gyanawati proposed some factors that cause teenagers' delinquency. It is divided into two factors, that is internal and external factors. Internal factors are factors that arise due to personal or individual willingness. In this case, biological development plays the role. Biological development is one of the development characteristics in teenagers. Therefore, the biological changes on their body can be seen by other people and lead to the motivation aspect. In this stage, teenagers experience the transition from childish to maturity. In this transition, teenagers experience many new things that never happened before. Furthermore, this condition triggers their urge to try new things without a mature thought about the causes that might happen later (Nadirah, 2017: 315-317).

While external factors are factors that come from outside an individual, which can encourage teenagers to have free sex. The external factors include family aspects, it is clearly necessary to communicate, especially parents with their teenage children because it can provide warmth and build a good relationship between parents and adolescents. Other external factors are the social aspect and the mass media aspect (Nadirah, 2017: 317-320).

Besides offering a fun activity to them, how to approach teenagers' life contextually who generally prefer interaction egalitarian is the main consideration on how to create an effective model of training and mentoring (Suyanto, 2018: 238-239).

### *Peer Counseling*

The word "counseling" is adopted from the English word "*Counseling*" in the dictionary. It is associated with the word "counsel" which has several meanings, which are to obtain counsel, to give counsel, and to take counsel. Based on the above meanings, counseling etymologically means giving advice, suggestion, and sharing thoughts (Ahmadi and Rohani, 1991: 21-22). Prayitno and Erman Anti (1999) define counseling as the process of assisting with counseling interview with an expert to the client with problems and finally to solve problems faced by the client (Luddin, 2010: 19).

Peer friends are children or teenagers of the same age and maturity level. One of the main functions of peer groups is to provide various information about the world. From peer groups, teenagers receive feedback on their abilities. Teenagers learn about whether what they do is better than other teens do (Santrock, 2003: 219).

The peer friends' benefits are as a source of social support, a source of comparison, and a source of experimental. Statistics on peer roles show that at the age of two years old, children interact with their peers around ten percent of their time in a day, at the age of four is twenty percent, at the

age of seven to eleven years old is forty percent. On weekends, teenagers spare their time with their friends twice compared to their parents. The positive interaction with peers reduces psychological disorders, alcohol consumption, and can improve learning achievement. Furthermore, peer support and its influence are related to teenagers' proficiency in dealing with stressful life. Experiences gained with peers are useful to gain insight into what is right and wrong. Also, to maintain healthy and long-term close relations (Padmomartono, 2014: 66).

According to Erhamwilda, peer counseling is a counseling assistance service provided by peers (usually at the same age/level of education) who have been given coachings to be a peer counselor. Therefore, they are expected to assist both individually or in groups with their friends. Friend, that has problems or obstacles in their personality development. Those who become peer counselors are not professional people in counseling but they are expected to be an additional hand of a professional counselorn (Erhamwilda, 2015: 42).

Peer counselors are counseling between expert counselors with a client with the help of peer friends of the client. A peer counselor is not a professional counselor or an expert. They are students who assist other students under the guidance of an expert counselor. The presence of a peer counselor is not intended to replace the role and function of the expert counselor (Suwarjo, 2008: 10).

### *Fardiyyah Da'wah*

According to Sayid Muhammad, the definition of fardiyyah da'wah is to focus on da'wah or dialogue with mad'u face to face or with small people with a special characteristic (Nuh, 2015: 37). Fardiyyah da'wah is one of uslub da'wah to Allah SWT. It means that the personal relationship of the da'i with da'wah target (mad'u) applies directly (Al-Kinani, 2014: 1). Fardiyyah da'wah is the opposite to jami'iyah da'wah or ammah which defines as an invitation to Allah's path spreading by da'i to an individual by leading mad'u in a better and favored Allah without closeness as a personal relationship (Mahmud, 1995: 29).

Da'wah in this context means da'wah which is done individually face to face. This model of da'wah is called interpersonal communication, namely communication between two people, which becomes a direct contact in the form of conversations, applied directly face to face, and can also through a medium, such as a telephone. The characteristic of interpersonal communication is two-way or reciprocal (Wahid, 2019: 82).

Abdul Halim Al-Kinani stated that fardiyyah da'wah is one uslub da'wah intended to create a da'i relationship with mad'u directly. The purpose is to improve mad'u personality in the terms of faith, worship, morals, and understanding to carry out the obligation to preach in Allah's path, to fight in it, and to be disciplined along with du'at al -mujahidin (people who do jihad) (Al-Kinani, 2014: 11).

## Discussions

### *Forms of Free Sex in Adolescent Friendly Health Services (AFHS) at Puskesmas Blora*

Free sex is sexual deviant behavior. Free sex is developed from western culture that emphasizes freedom, in which there are elements of freedom, such as doing sexual intercourse before marriage, freedom to have multiple partners, and freedom to have sexual intercourse at an early age. Desmita states that free sex is the way to express and release sexual urges derived from biological development, such as intimate dating, making out, having sexual contact, however, those behaviors are considered not in line with the norms.

Sexual behavior offers one of the most different signs to understand the character of a human being. In contrast to almost all other activities, sexual activity is very personal, less patterned, and more an expression of the individual. This behavior can occur due to several factors. Therefore, we need to analyze free sex as the causes are influenced by the following factors:

First, lack of parental supervision and attention because they are busy working, the broken home influences their children who will act according to their hearts and seek their pleasure. As expressed by the teenager with the initials "DM", "DM" revealed that he had kissed his girlfriend when his parents were busy working and traveling outside Java"(interviewed 30 March 2020).

Second, the influence of peers, a teenager who has good friends, they will follow the good direction. On the other hand, teenagers who have bad friends will easily be influenced by their friends and tend to do negative things which will commit to teen delinquency.

Third, abuse of technology, in today's sophisticated era, some teenagers abuse technology, such as accessing porn sites, watch romantic scenes, download porn videos, and so on. This causes teenagers to be curious and want to try it and commit free sex. As is stated from "AR" in the following interview:

"I once had a kiss with my girlfriend, because we both like it, and after doing that I feel happy. I think it is a common thing like I often see it in movies. They used to do kiss scenes". (Interviewed on 30 March 2020)

Fourth, lack of self-control and teenagers' knowledge about reproductive health, the danger of premarital sex, HIV/AIDS, the dangers of drugs, PMS, and so on (an interview with Mrs. Eliseas an Expert Counselor at AFHS Puskesmas Blora, 30 March 2020).

From the data obtained by researcher related to the cause of free sex, Riki Dwi Hartono and Nur Dyah Gyanawati found a theory which showed that free sex caused by internal and external factors.

#### Internal Factor

Internal factors are factors that arise because of the encouragement and willingness of the individual himself. In this case, two things are internally found in influencing sexual delinquency in teenagers, including biological aspects and motivational aspects.

### External Factor

External factor are factors come outside individual, which can encourage teenagers to do free sex. Meanwhile, the external factor includes:

### Family Aspect

In a family, it is necessary to communicate between parents and teenagers, because that thing can give warmth and good relationship between parents and teenagers. By having communication, parents can understand the willingness and expectation of their teen's children and vice versa. Therefore, there will be mutual understanding and help in a way solving teenagers' problems.

### Social Aspect

For teenagers, friends are their needs, even they consider them as “second parents”. The willingness to make friends and form a group can be seen as an effort to not depending on older people or as a real action in social interaction. So, in the teenagers’ environment, we always find peer groups.

### Media Social Aspect

The impact caused by the mass media is varied, for example, the occurrence of behavior that deviates from existing social norms or cultural values. The influence of mass media can be from television, magazine, handphone, and the internet. Those are often abused by teenagers in daily life, such as teenagers who love to watch porn scenes, they feel that doing porn is amusing and can be accepted in the environment (Nadirah, 2017: 317-320).

The form of free sex by teenagers in Adolescent Friendly Health Services (AFHS) Puskesmas Blora consisted of dating, holding hands with boyfriends, kissing their girlfriends' hands, kissing lips, making and doing premarital sex.

According to Jamaluddin, the forms of free sex among students are 1) Kissing, which is defined as an act of sticking the lips to cheek, or lips, even tongue to stimulate sexual desire. 2) Making out, is an action that has been considered risky because it stimulates the desire to do sexual intercourse. In this case, they already petting the breast of their girlfriends, either through clothing or directly. 3) Sexual intercourse, is making love or having sexual contact. 4) Holding hands, sexual behavior, and their activity are limited like only hanging out together while holding hands.

In *fardiyah da'wah*, the activity of *da'i* is to lead *mad'u* to the right path and get rid of worse things by relying on their ability in *da'wah*. This is a strong reason that shows **how da'wah has the potential to blend in all human life aspects**. *Da'wah* can be in touch with teenagers' life or their *muamalah*. This sector has a very broad scope, including the fields of morals and social issues (Mahmud, 1995: 110).



Nowadays, teenagers' relationships need more attention, especially for da'i. They need to change and direct teenagers to a better path. The field result found that the relationship of teenagers is beyond normal, many teenagers have fallen into free sex, they make love to fulfill their sexual desire. It can be classified into some forms of free sex from minor to major cases. Therefore, teenagers need to guard themselves against negative behavior and fair to themselves.

### *Peer counseling to prevent free sex in Adolescent Friendly Health Services (AFHS)*

#### *Puskesmas Blora*

Peer counseling according to Erhamwilda is a counseling assistance service provided by peers (usually the same age/educational level) who have been given coaching and training to be a peer counselor. Therefore, they are expected to assist friends with the problem both individually and in groups. Those who become peer counselors are not professionals in counseling yet they are assistant professional counselors (Erhamwilda, 2015: 43).

Essentially, peer counselors between expert counselors and counselees with peer friends as a bridge. Peer counselors are students who assist other friends under the guidance of a peer counselor and are not intended to replace the role and function of expert counselors (Suwarjo, 2008: 10).

The implementation of peer counseling to prevent free sex at Adolescent Friendly Health Services (AFHS) Puskesmas Blora conducted by:

First, it starts with the stages of implementing peer counseling from the collection stage, training, and implementation of peer counseling. This stage is carried out to train prospective peer counselors to carry out their role as expert counselors and practice it with peers (counselees).

This is in line with the theory proposed by Suwarjo (2008: 21), he argues that the development of peer counseling is carried out through the following steps:

- Selection of prospective peer counselors
- Training of prospective peer counselors
- Organizing the implementation of peer counseling

Second, from the free sex carried out by teenagers in the Adolescent Friendly Health Services (AFHS), the efforts made by peer counselors in preventing free sex are by guiding with a personal approach and given material. This coaching is carried out by directing, guiding, developing, and stimulating client to achieved desired goals. As for the coaching provided in peer counseling at Adolescent Friendly Health Services (AFHS) Puskesmas Blora, namely personal approach to the client, face-to-face between peer counselor and client in closed counseling. Next, provide material for teenagers about teenagers' health to prevent free sex. The material given is about reproductive health, sexually transmitted infections (STIs), reproductive tract infection (RTIs), HIV/AIDS, the danger of free sex, drug abuse, and so on.

Some activities have been provided and given to them, however, there are also advantages and disadvantages as explained by the author in peer counseling activities as follows:

#### Peer counseling with a personal approach

Peer counseling with a personal approach is carried out for those who can not share their problems, they tend to be silent and do not want to share their problems with friends. This kind of approach is carried out face to face to clients, in which peer counselors must be able to communicate and develop a good relationship with clients so that they feel at ease to share their problems. The advantage of this activity is the counselor and client can foster a good relationship so that peer counselors can easily understand the problems, while the disadvantage is that there are clients who tend to be silent and can not share their problems with peer counselors.

This activity is more effective in its implementation because in the end teenagers are taught to practice how to solve a problem they face. Peer counselors are directed to actively involve and skilled as the peer counselors and share the information needed especially about reproductive health.

#### Peer counseling by providing material

Peer counseling by providing the material is a coaching effort carried out in Adolescent Friendly Health Services (AFHS) Puskesmas Blora for teenagers who already commit to free sex. The benefits of this action are training teenagers to communicate well, be a good listener, and training them to share their stories and believe in their peer friends. Also, to increase teenagers' motivation and their knowledge about health and free sex. More importantly, it trains them to do positive activities.

### *Implementation of fardiyah da'wah in peer counseling to prevent free sex in Adolescent Friendly Health Services (PKPR) Puskesmas Blora*

Da'wah activities are a way of perfecting human morals so that it becomes the dominant factor in changing human morals from bad to good. This activity can be also used as an effort to prevent free sex. Asmuri Syukir proposed that Islamic da'wah is an effort or process that is carried out consciously and well-planned to invite people to the Allah SWT path, improve the situation into a better one (da'wah means training and developing) to achieve certain goals, namely the happiness in the world and hereafter (Aziz, 2017: 12). It can be concluded that da'wah activities can influence humans and lead them to a better path. Likewise, for teenagers who already commit to free sex, it needs the training to lead them to a better path, blessed by Allah SWT.

Ali Abdul Halim Mahmud (1995: 29) defines fardiyah da'wah as a call to the way of Allah carried out by da'i to the individuals or groups to lead *mad'u* into a better path blessed by Allah. This context of da'wah means da'wah is given between individuals face to face. This kind of da'wah is called interpersonal communication, namely communication between two people, which becomes direct contact in conversation (Wahid, 2019: 82). Fardiyah da'wah is a form of da'wah suitable for teenagers because they will more easily receive da'wah messages conveyed face to face. In da'wah fardiyah,

teenagers can also have a dialogue with da'i specifically to convey what is the problem in their life. Peer counseling also has similarities with fardiyah da'wah, because peer counseling also invites to do good things and avoid bad things. The aims of peer counseling and fardiyah da'wah are also the same, that is inviting individuals into a better path.

Essentially, peer counseling is counseling between expert counselors on behalf of the peer counselor. A peer counselor is not a professional counselor or expert but they are a friend who helps their peers under the guidance of an expert (Suwarjo, 2008: 10). Peer counseling is also useful to assist teenagers who faced a problem. Besides, peer counseling also trains teenagers to be more sensitive to the surrounding environment and can be a good listener for other teenagers.

Besides having the same goal, peer counseling activities to prevent free sex for teenagers in Adolescent Friendly Health Services (AFHS) Puskesmas Blora is also to implement strategy applied by da'i in maximizing the fardiyah da'wah, including fostering a good relationship with *mad'u*, giving motivation to *mad'u*, and touching their heart.

From the three strategies of fardiyah da'wah above, peer counseling to prevent free sex in Adolescent Friendly Health Services (AFHS) Puskesmas Blora leads to two strategies. The author analyzes it as an effort to build a good relationship with *mad'u*. This step was taken to establish a good emotional relationship between da'i and *mad'u* as the target of da'wah.

If there has been a good relationship (emotional closeness), usually *mad'u* will be more open in dialogue and even trying to follow what da'i said. Peer counseling at Adolescent Friendly Health Services (AFHS) Puskesmas Blora has implemented this strategy in carrying counseling processor known as a personal approach. The personal approach in peer counseling is done face to face with clients. This approach is an activity to establish closeness with clients, assist teenagers to be open to their friends, and share their problems, and then the solution can be found.

Furthermore, giving motivation to *mad'u* can be given with the aims to increase motivation in dealing with problems. Sharing peer counseling in Adolescent Friendly Health Services (AFHS) Puskesmas Blora has implemented fardiyah da'wah to *mad'u* by providing material guidance about health and the danger of free sex such as teenagers growth, reproductive health, HIV/AIDS, the danger of free sex, sexually transmitted infections, abuse of drugs, introduction to the concept of gender, and education about healthy life skills.

By providing this material, it is expected that they will behave better and understand that free sex is a harmful behavior. Teenagers can implement the material given in their daily life, therefore when teenagers want to do negative behavior they will have a barrier and afraid of it. Peer counseling is an effort to prevent free sex in teenagers at Adolescent Friendly Health Services (AFHS) Puskesmas Blora, it is conducted by giving material in a form of socialization carried out by a team of Adolescent Friendly Health Services (AFHS) Puskesmas Blora in Senior High School at Blora. The activity received a good response from teenagers and teachers at school, teenagers were enthusiastic about participating in the event. Apart from that, other activities were also carried out at Puskesmas Blora

followed by a young cadre with their every seminar conducted by the team of Adolescent Friendly Health Services (AFHS) Puskesmas Blora.

*According to the author, the effort of preventing free sex at Adolescent Friendly Health Services (AFHS) Puskesmas Blora through material given already implemented the strategy of fardiyah da'wah and already achieved the goals of da'wah into a better path. It is in line with Allah SWT saying in Q.S. Ali-Imron verse 104:*

وَلْتَكُنْ مِنْكُمْ أُمَّةٌ يَدْعُونَ إِلَى الْخَيْرِ وَيَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ ۗ وَأُولَٰئِكَ هُمُ  
[٣:١٠٤] الْمُفْلِحُونَ

*Translation: "And let there be [arising] from you a nation inviting to [all that is] good, enjoying what is right and forbidding what is wrong, and those will be successful" (Q.S. Ali-Imron 104)*

## Conclusion

From the above discussion, it can be concluded that peer counseling conducted at Puskemas Blora has implemented a personal approach and training by giving material to them. It is in line with fardiyah da'wah, which is forming a good relationship with mad'u and giving motivation to mad'u into a better path. The role of peer counselor as a da'i in fardiyah da'wah has a duty and responsibility to do personal approach guiding mad'u to a better path. In this case, to change their free sex behavior into positive behaviors.

Finally, the action can be done everywhere by peer counselors, not only at AFHS in Puskesmas but also in a broaden scope where peers gather.

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